

**Sabbatical Proposal
for Derrick Lynch
October 1 – November 12, 2021
FINAL DRAFT**

Request

In this, my fourteenth year of ministry at Blue Valley, I request that the elders grant me sabbatical leave in accordance with the policy contained in the Blue Valley Baptist Church Human Resources Manual. Approval of this request requires that the elders and I agree to specific goals for this time of intentional rest that work toward spiritual, emotional, physical, mental, marital, and vocational wellness. As required by the policy, I am including any expenses beyond my regular salary and benefits that the church might incur as I work to achieve these goals.

Spiritual Wellness

\$600

Goal:

To identify key areas of my life that are stumbling blocks to Christlikeness and develop a plan for addressing them.

Plan:

Nathan Currey, Associate Pastor of Redeemer Presbyterian in Overland Park, has agreed to serve as my spiritual director during my sabbatical. We will meet up to four times during sabbatical to identify my stumbling blocks and I will submit to the plan he formulates for helping me address them.

Emotional Wellness

\$600*

Goal:

To undergo an emotional health check up with a Christian counselor and address any issues that are identified.

Plan:

Dr. Corey Schliep, Executive Director of Christ First Counseling, has agreed to work out an emotional wellness check-up plan that will involve up to four sessions.

*It is anticipated my health insurance will offset a portion of this cost

Physical Wellness

\$0

Goal:

To run a half-marathon in two hours or less.

Plan:

I will enter and compete in the Garmin Half-Marathon on November 6.

Mental Wellness

\$0

Goal:

To cultivate creativity by learning new artistic skills.

Plan:

I will begin developing a portfolio of aerial train photos and videos using my drone.

Marital Wellness

\$0

Goal:

To enjoy downtime with my wife.

Plan:

Julie and I will drive to MSP to visit our daughter and son-in-law October 1-3, travel to Des Moines for a long weekend of Christmas shopping in October 15-18, and attend the Chiefs/Packers game on November 7.

Note:

Our grandson is due October 29 and Julie and I will care for our granddaughter for a few days when he arrives.

Vocational Wellness

\$30

Goal:

To address the unique challenges of ministry at mid-life

Plan:

I will read and report on "Living and Leading Well: Navigating Mid-Life Ministry" by Clinton/Leavenworth and "Mid-Course Correction: Reordering Your Private World for the Second Half of Life" by MacDonald.

Cost to Church Not to Exceed

\$1230

Respectfully Submitted,

Derrick C. Lynch
Lead Pastor
Blue Valley Baptist Church